



Katie Daly's
Bar & Restaurant

**GLUTEN FREE
EVENING MENU**

STARTERS

SOUP OF THE DAY ^(7, 11)

served with Gluten Free Bread

€5

GARLIC & HERB OIL GLUTEN FREE BREAD ^(7, 10)

with Mixed Leaf Salad €5

with Mozzarella, Parmesan & Cheddar €6

SAUTEED TIGER PRAWNS ^(2, 4, 7, 8, 10, 14)

with White Wine, Chilli, Garlic & Herbs served on a Toasted Basil Pesto Gluten Free Bread with Mixed Leaf Salad

€10

TRIO OF FISH ^(2, 3, 4, 7, 10, 11, 14)

Cod, Calamari and Tiger Prawns in a Cornflour, Chilli and Sesame Coating served with a Mixed Leaf Salad, Sweet Chilli Dip and Wasabi Mayonnaise

€10

SALADS

REGULAR CAESAR SALAD ^(2, 3, 4, 7)

Crisp Romaine Lettuce, Crispy Bacon, Parmesan & Caesar Dressing.

Starter €8 / Main €13

Prawn/Chicken Starter €9 / Main €14

(Optional Poached Egg €1.50 extra)

SUPERFOOD SALAD ^(7, 10)

Falafel, Feta Cheese, Broccoli, Lentils, Butternut Squash, Beetroot Salsa, Mixed Garden Leaves with Balsamic Dressing

Starter €9 add Chicken €10

Main €13 add Chicken €14

COBB SALAD

Three Salads of the Day with Gluten Free Bread

(Please ask server for allergens)

Starter €8 / Main €11

Add Chargrilled Lemon & Thyme Chicken, Honey Glazed Baked Ham Starter €10 / Main €14

FROM THE GRILL

Allow 20 minutes cooking time

8OZ BEEF BURGER ^(7,8,9)

with Lettuce, Red Onion, House Relish, Pickle on a Gluten Free Bap with Salad & Fries

€15

add Cheese **€16**

KATIE'S LEAN STEAK SANDWICH ^(7,9,10,11)

6oz Sirloin Steak served on Toasted Garlic Gluten Free Bread with Lettuce, Tomato, Bacon and House Relish served with Salad & Fries.

€16

PIRI PIRI CHICKEN SANDWICH (Spice Warning!) ^(3,7,10)

Piri Piri Marinated Grilled Chicken Fillet served on a Gluten Free Bread with Lettuce, Tomato, Bacon, House Relish & Roasted Garlic Mayonnaise served with Salad & Fries

€14

10OZ STRIPLOIN ⁽⁷⁾

with Sauteed Mushrooms, Onions served with Salad & Fries or Vegetables & Potatoes and a Choice of Sauce

Surf & Turf Option €4.00

€24

14OZ RIBEYE ON THE BONE ⁽⁷⁾

with Sauteed Mushrooms & Onions served with Salad & Fries or Vegetables & Potatoes and a Choice of Sauce

Surf & Turf Option €4.00

€30

CHOICE OF SAUCE:

Pepper Sauce (7) and Garlic Butter (7)

INTERNATIONAL

JAPANESE NOODLES STIR FRY

Choice of Chicken, Beef, Seafood or Vegetarian with Wok Fried Vegetables, Rice Noodles in a Spring Onion, Ginger and Soy Sauce.

Veg €13.50 ^(6,9)

Meat €15 ^(6,9)

Seafood €16.50 ^(2,4,6,9,11,14)

THAI RED CURRY

Choice of Chicken, Beef, Seafood or Vegetarian in our Spicy Aromatic Thai Red Curry Sauce served with Jasmine Rice.

Veg €13.50 ^(2,4,14)

Meat €15.50 ^(2,4,14)

Seafood €16.50 ^(2,4,14)

PASTA

All pasta dishes are made with Gluten Free Penne

VEGETARIAN BOLOGNESE (7, 9, 13)

Roasted Vegetables & Puy Lentils in a Rich Homemade Italian Sauce topped with Parmesan

€13

BOLOGNESE (7, 9, 13)

Minced Beef, Onion & Garlic in a Rich Pomodoro Sauce topped with Parmesan

€14

CARBONARA (7, 13)

Smoked Bacon, Onion, Garlic, & White Wine in a Rich Cream Sauce topped with Parmesan

€15

SEAFOOD PASTA (2, 4, 7, 9, 13, 14)

a selection of Seafood, Spring Onion, Baby Spinach, Fresh Dill in Saffron Cream Sauce (Optional topping of Parmesan)

€16.50

KATIE'S HOUSE PASTA (7, 9, 13)

Penne with Chicken, Smoked Bacon, Baby Spinach, Roasted Red Pepper, Onion, Garlic & Fiery Red Chilli in a Rich White Wine Cream Sauce, topped with Parmesan (Chilli optional)

€15.50

TIGER PRAWN & CHORIZO PASTA (2, 7, 9, 13, 14)

Penne with Sundried Tomato, Garlic & Onion in a White Wine & Cream Sauce, or a Rich Napoli Sauce topped with Rocket Leaves. (Optional topping of Parmesan)
(Optional Chilli)

€16

FROM THE OCEAN

TRIO OF FISH (2, 3, 4, 7, 10, 11, 14)

Cod, Calamari & Tiger Prawns in a Cornflour, Chilli & Sesame Coating served with Mixed Leaf Salad, Sweet Chilli Dip and Wasabi Mayonnaise served with Fries

€17

SAUTEED TIGER PRAWNS (2, 4, 7, 8, 10, 11, 14)

in Garlic, Chilli, White Wine and Herbs served with Basil Pesto Garlic Toast, Side Salad & Fries.

€16

SIDES

HOUSE FRESH CUT CHIPS €3.50

MASHED POTATOES (7) €3.50

KATIE'S HOUSE SIDE SALAD (7,10) €4

SEASONAL VEGETABLES (7) €3.50

STIRFRIED VEGETABLES €4

SAUTEED BABY POTATOES €5

SAUCES: ALL €1

PEPPER SAUCE

GARLIC BUTTER

DESSERTS

All of our Desserts are served with a choice of Cream or Ice Cream

MERINGUE ROULADE OF THE DAY (3,7,8)

€6.50

SELECTION OF ICE CREAM (7)

€5.50